



COVID-19 Sailing Risk Assessment Sheet

Venue: Queen Mary Sailing Club, West London		Date: 30/10-01/11/2020		
<p>Activity: National Match Racing Championship – Grand Final</p> <p>All participants, prior to sailing with people from other households</p> <ul style="list-style-type: none"> • Self-symptom check before leaving home • Assess personal risk and that of your team • Limit car sharing • Register your attendance with the host club for test and trace • Arrive in sailing kit where possible • Sanitise hands on arrival and prior to touching any shared surface • Maintain social distancing at all times whilst ashore before launching and after recovery • Contact details for track and trace collected with entry information <p>Boats provided by OA</p> <ul style="list-style-type: none"> • Boats will be disinfected before use by any team • Boats will be rigged separately, where rafted they will be taken to a mooring for rigging • Sailors to wear face coverings when within one metre of a team mate • Sailors to maintain half metre separation • Race officials limited to two on RC Boats and one on umpire boats <p>Crew transfers</p> <ul style="list-style-type: none"> • No hotel boats afloat • All non racing teams to be based ashore and schedule designed to keep them off site when not racing • Crew transfer ribs capable of carrying teams at one metre separation • Sailors to wear face coverings • Boats to be disinfected during transfer process, both sailing and transfer • Schedule designed to minimise crew transfers <p>Shore based activity</p> <ul style="list-style-type: none"> • No face to face briefing, done by video • Prize giving restricted to winning teams only • Teams must not gather when onshore in groups greater than six • Teams should disperse from transfer area and only go to pontoon when heading afloat • Teams should not gather ashore for long periods of time as the schedule is designed to keep them away 				
Location	Low	Medium	High	Control Measures
Shore Facilities				
Briefing Room	Not required	2m+ space pp	<2m space pp	Briefing by WhatsApp/video
Changing Room	Not required	2m+ space pp	<2m space pp	Sailors to arrive ready to go with all kit needed
Boat Park	4m+ space pp	2m+ space pp	<2m space pp	Boats berthed on pontoon and then moved to moorings for rigging up
Water access				
Pontoon Access	Private 2m+ space pp	Public 2m+ space pp	Public <2m Space pp	
Transfer ribs	4m + space pp	2m + space pp	<2m space pp	1 m separation and face



				coverings to be worn
Participants	Low	Medium	High	Control Measures
Group	Same Household	Mixed crew 4/5	Mixed 5+	Following RYA guidance on mixed household, plus face coverings mandatory when less than metre of a team mate
Age	6yrs – 40yrs	41yrs – 70yrs	70+	
Ability	Experienced	Improver	Beginner	
Special Needs	None	No physical assistance required	Physical assistance required	
Activity	Low	Medium	High	Control Measures
Keelboat / Cruiser	Same Household	N/A	Multi Hander mixed household	Following RYA guidance on mixed household
Equipment	Personal	Daily allocation	Shared	Boats disinfected between use, face coverings required for transfer by rib. Ribs disinfected before transferring.
Umpires	Same Household	Single Crew	Double crew Different household	Same household or single manning
		Yes	No	
Final Decision		Yes		
All	Safe with normal COVID-19 protocols observed			
Max 4	Safe with specified enhanced measures			
Any	Only safe with very specific control measures implemented			

Core considerations behind risk assessment:

- Minimise risk of spread of COVID-19
- Reduce risk of contracting COVID-19
- Maintaining best practice social distancing guidelines